

What to Bring



Year 8 Camp

Lake Ainsworth, Lennox Heads

PLEASE BRING:

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| <ul style="list-style-type: none"><input type="checkbox"/> Drink bottle<input type="checkbox"/> Sun smart hat<input type="checkbox"/> Rain proof jacket (no ponchos)<input type="checkbox"/> Sunglasses<input type="checkbox"/> Swimming togs (no bikinis, Sheldon appropriate)<input type="checkbox"/> Sun shirt/ rashie<input type="checkbox"/> Two pairs of running shoes (one old pair to wear in the water)<input type="checkbox"/> T-shirts – NO singlets, sleeveless or midriff tops.<input type="checkbox"/> Shorts – knee length, board shorts or ¾ length pants for climbing activities<input type="checkbox"/> Underwear and socks<input type="checkbox"/> Jeans<input type="checkbox"/> Warm long sleeved jumper and long tracksuit pants<input type="checkbox"/> Pyjamas<input type="checkbox"/> Beach towel<input type="checkbox"/> Small backpack for daytime activities<input type="checkbox"/> Sunscreen SPF30+ (roll-on or tube – no pump action or aerosols)<input type="checkbox"/> Insect repellent (roll-on – no pump action or aerosols)<input type="checkbox"/> Hand sanitiser | <ul style="list-style-type: none"><input type="checkbox"/> Sleeping bag and fitted sheet or two single bed flat sheets<input type="checkbox"/> Pillow and pillowcase<input type="checkbox"/> 2 x bath towels, hand towel and face washer.<input type="checkbox"/> Toiletries – shampoo, conditioner, toothbrush, toothpaste, soap, roll on deodorant, tissues, chap stick, brush, or comb<input type="checkbox"/> Chafing cream for surfing activities<input type="checkbox"/> Torch and spare batteries<input type="checkbox"/> Thongs (for the shower and pool areas only)<input type="checkbox"/> Pen and paper<input type="checkbox"/> Garbage bags for wet/ dirty clothes <p>OPTIONAL</p> <ul style="list-style-type: none"><input type="checkbox"/> Camera, book <p style="text-align: center;"><i>PLEASE ENSURE ALL ITEMS ARE LABELLED WITH YOUR CHILD'S NAME.</i></p> |
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WHAT NOT TO BRING

- ✗ Prohibited items per College policy**
- ✗** No tank tops, singlets, sleeveless shirts, or crop tops
- ✗** Mobile phones or personal gaming devices
- ✗** Hair Dryers/ hair straighteners
- ✗** Non-prescription medications
- ✗** Pump action/ aerosol deodorants or insect repellents
- ✗** Any food – lollies, chips, chewing gum etc
- ✗** Money

PERSONAL MEDICATION

- Ventolin etc for asthmatics, antihistamine for allergies.

All medication must have a pharmacy label affixed and must be accompanied with the Administration of Medication (Camp) form which can be downloaded from the camp iLINQ page.