

# Arts Co-Curricular



The Australian School of The Arts' (ASTA) comprehensive and innovative Co-Curricular Arts Program, caters for students in Preparatory to Year 12 across all facets of Arts Education. This includes Drama, Dance, Visual Arts (including Fashion and Costume Design), Film, Television and New Media and Performance Music.

The ASTA Co-Curricular Program builds on Arts curriculum to identify, equip, extend and nurture students who show a passion and talent for any area of the Arts, enabling them to become resilient, confident, creative individuals and equipping them to follow their chosen pathways post school.

***"Our mission is to provide unparalleled creative learning experiences in the Arts in a supportive, challenging environment, thereby generating pathways into future Arts education and industry."***

ASTA co-curricular is made up of a diversity of ensembles, groups, troupes and programs, with enrolled students attending regular weekly classes or rehearsals. Some groups involve an additional fee, some are contingent on involvement in the Performance Music Program and some are free. In the earlier years, participation is open to all interested students, whilst in the later years, participation tends to become audition based. As depicted below, this represents a progression from "choose to do" to "invited to do".

In support of our Co-Curricular Program, ASTA hosts a variety of Arts events over the course of each year, providing students with industry standard performance and learning experiences across all areas of the Arts. This means that every student enrolled in any aspect of ASTA co-curricular, is able to work towards one or more performance opportunities each year.

Attached, please find more detailed information on each of ASTA's co-curricular offerings. For more information, please contact:

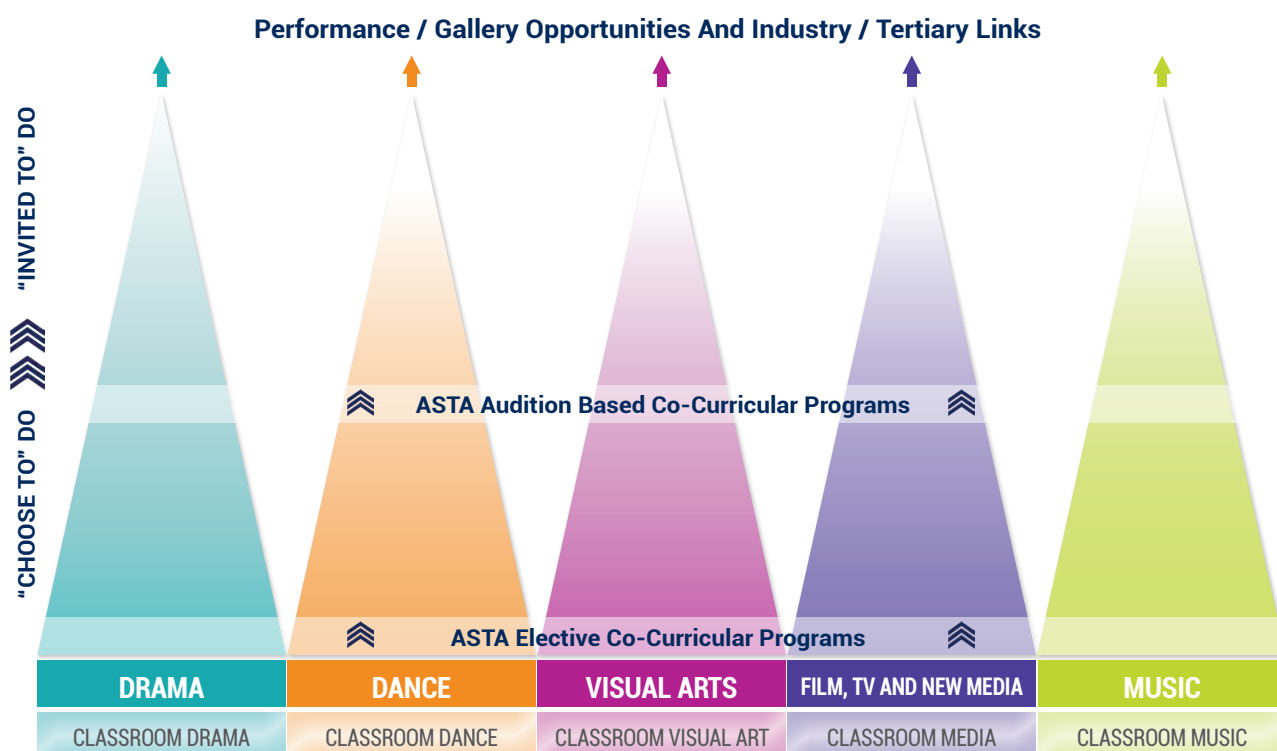
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**ASTA Visual Art Academy: (07) 3206 5548**

**ASTA Performance Music: (07) 3206 5552**

**ASTA Professional Programs: (07) 3206 5594**





# Co-Curricular Drama



The co-curricular drama program is comprised of **The ASTA Drama Academy**, offering students in Prep to Year 8 the opportunity to gain skills and excellence in the Performing Arts, and **The ASTA Professionals Program**, catering to elite students in Years 9 to 12. Students enrolled in these programs attend regular weekly classes; with some of them working towards a performance opportunity, be that at Arts Festival, Theatresports Competitions, Assemblies, Musicals or the ASTA Graduation Showcase. With the exception of Theatresports, all programs are user-pay (i.e. additional fees are paid per term). Some programs are audition based, whilst others are open to all interested students.

INVITED  
TO DO

## ASTA Professionals Combined Performing Arts (CPA) Program, Years 9-12

The School of Combined Performing Arts (CPA) offers comprehensive training in Acting, Vocals and Dance for students in Years 9-10 and Years 11-12. It is specifically aimed at talented students who possess a passion for performance and a vision for a career in any facet of the industry.

The course offers classroom training providing solid foundations across the three major performing arts disciplines and regular masterclasses led by industry specialists. As students often have the tendency to lean more heavily towards one specific art form, they have the opportunity to make their own 'elective' based choices post Semester 1 of the Years 9-10 Program. Students work towards in-class performance opportunities, Senior College Musical, Arts Academy Awards and the ASTA CPA Graduation Showcase.

Elite students in Years 9-12 are invited to audition for one of the limited places in the program.

CHOOSE  
TO DO

## ASTA Drama Academy, Years Prep-12

### Theatresports (including Competitions), Years 7-12

A form of improvisational theatre, the Theatresports program teaches students to think under pressure, general creativity, performance skills and increased self-confidence.

### Years 7 and 8 Pre-Professionals Program

- **Years 7 and 8 Musical.** An opportunity for interested students to participate in the presentation of a full-length Junior Musical.
- **Dramatic Production.** Students participate in the production of a dramatic play, focussing on the truth of the spoken word and the believability of their character.

### Prep to Year 6 Drama Academy Program

- **Drama Fundamentals, Years Prep-6.** Various groups exist to introduce dramatic skills, thereby developing the "actor's toolkit".
- **Junior Production Group, Years Prep-6.** An invitation-only project created to provide a platform and opportunity for younger students to participate in a production ensemble.
- **Musical Theatre Fundamentals, Years 3-6.** This program gives junior students an opportunity to participate in a Musical Production. Students explore and combine the three skills specific to musical theatre (Dance, Vocals and Acting).

CLASSROOM DRAMA



## Co-Curricular Drama Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE COLLEGE				7 & 8 Musical Theatre 7-8am	
LUNCH			Theatresports Years 7-12	Theatresports Years 7-12	Theatresports Years 7-12
PERIOD 4 & 5			ASTA Professionals CPA Years 11-12 1.10-3.30pm		
AFTER COLLEGE	Drama Academy P-Year 1 3.10-4.10pm	Jr Drama Production Years 1-6 3.15-4.45pm	ASTA Professionals CPA Years 11-12 3.30-5.30pm	Musical Theatre Fundamentals Years 3-6, 3.20-5pm	
	Drama Academy Years 2-3 3.20-4.20pm		ASTA Professionals CPA Years 9-10 3.30-6pm		
	Drama Academy Year 4 3.20-4.20pm		Drama Academy Years 7-8 Acting 3.45-5pm	Arts Events Rehearsals (Musical/Arts Academy) Years 7-12	Arts Events Rehearsals (Musical/Arts Academy) Years 7-12
	Drama Academy Years 5-6 3.40-4.40pm				

\* Please note: Some changes (particularly to the younger groups) may occur.





# Co-Curricular Dance



The **ASTA Dance Academy** offers tuition in a range of dance styles to students in Prep to Year 12, assisting them to develop coordination, strength and confidence. Elite dance students in Years 9-12, with a passion for the Performing Arts and a vision for a career in the industry, can also enter **The ASTA Professionals Program**. Students enrolled in these programs attend regular weekly classes and work towards performance opportunities, be that at Arts Festival, Just Dance, Assemblies, Musicals or Arts Academy Awards. All programs are user-pay (i.e. additional fees are paid per term/semester). In the earlier years, participation is open to all students. In the later years, participation tends to become audition based.

## ASTA Professionals Combined Performing Arts (CPA) Program, Years 9-12

The School of Combined Performing Arts (CPA) offers comprehensive training in Acting, Vocals and Dance for students in Years 9-10 and Years 11-12. It is specifically aimed at talented students who possess a passion for performance and a vision for a career in any facet of the industry.

The course offers classroom training providing solid foundations across the three major performing arts disciplines and regular masterclasses led by industry specialists. As students often have the tendency to lean more heavily towards one specific art form, they have the opportunity to make their own 'elective' based choices post Semester 1 of the Years 9-10 Program. Students work towards in-class performance opportunities, Senior College Musical, Arts Academy Awards and the ASTA CPA Graduation Showcase.

Elite students in Years 9-12 are invited to audition for one of the limited places in the program.

## ASTA Dance Academy, Years Prep-12

### Performance Troupes (Platinum & Gold), Years 5-12

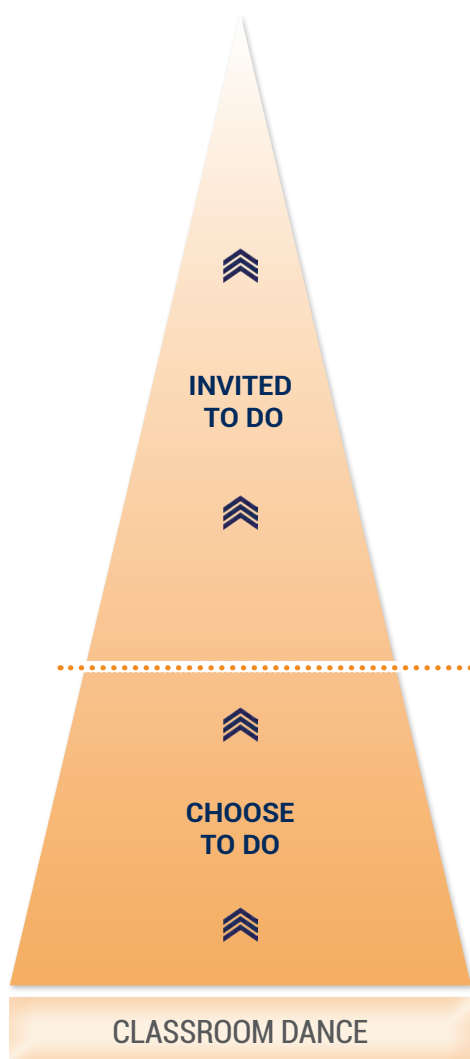
Elite students with highly developed technical and performance skills, can audition for a place in a number of specialist dance troupes, e.g. Contemporary, Hip Hop and Jazz. These Performance Troupes are divided into Gold (Years 5-9) and Platinum (Years 10-12). Members of these groups compete at local Dance Eisteddfods, in addition to performing at Just Dance and the Arts Academy Awards.

### Ensembles, Years Prep-9

Interested students can elect to join a Jazz or Hip Hop dance ensemble. Students enrolled in these groups focus on developing fundamental movement skills to develop competence and confidence in dance. Students learn and develop technical and expressive skills in the specific style studied.

Each year, all groups are carefully constructed based on the skills, ability and age of individual students. Our teachers are proactive in monitoring student progress to ensure that students are placed in a suitable ensemble.

Class numbers vary each year and are also considered when finalising classes.





## Co-Curricular Dance Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BEFORE COLLEGE</b>	<b>Platinum &amp; Gold</b> Years 5-12 7-8am		<b>Bronze</b> Year 6 7-8am	<b>Platinum</b> Years 9-12 7-8am	<b>Gold</b> Years 7-8 7-8am
<b>LUNCH</b>					
<b>PERIOD 4 &amp; 5</b>					
<b>AFTER COLLEGE</b>	<b>Indigo</b> Year 1 3.15-4.15pm	<b>POP</b> Years 1-3 3.15-4.15pm	<b>ASTA Professionals CPA</b> Years 11-12 3.30-5.30pm	<b>Green</b> Years 1-2 3.15-4.15pm	<b>Violet</b> Prep 2.45-3.45pm
	<b>Red</b> Years 4-5 4.20-5.20pm	<b>Lock</b> Years 4-5 3.40-4.40pm	<b>ASTA Professionals CPA</b> Years 9-10 3.30-6pm	<b>Platinum &amp; Gold</b> Years 5-12 3.45-5.00pm	<b>Yellow</b> Years 2-3 3.20-4.20pm
		<b>Stomp</b> Years 6-9 4.20-5.20pm		Arts Events Rehearsals (Musical/Arts Academy) Years 7-12	<b>Orange</b> Years 2-4 3.50-4.50pm
					Arts Events Rehearsals (Musical/Arts Academy) Years 7-12

\* Please note: Groups, ages and times may vary slightly each year.





# Co-Curricular Visual Arts



The Visual Arts co-curricular offering is comprised of the **ASTA Visual Arts Academy**, catering to students in Years 2-8, and the **ASTA Professionals Visual Arts Programs**, catering to elite students in Years 9-12. Students enrolled in any of these programs attend regular weekly classes and work towards an exhibition opportunity. Most programs are user-pay (i.e. additional fees are paid per term/semester). In the earlier years, participation is open to all interested students. In the later years, participation tends to become audition based.

INVITED  
TO DO

## ASTA Professionals Fine Art (FA) Program, Years 9-12

This program offers comprehensive training in a wide range of contemporary and traditional artistic styles. Students have authentic creative experiences through a combination of technical skills, functional instruction, aesthetic and decorative design masterclasses/workshops and opportunities to exhibit student works. The program is specifically aimed at talented students with a passion for Fine Art and a vision for a career in the Visual Arts industry.

Elite students in Years 9-12 are invited to audition for a place in the program.

## ASTA Professionals Fashion & Costume Design (FCD), Years 9-12

This program offers comprehensive training in Sewing, Pattern Making and Fashion Design. It is specifically aimed at talented students who possess a passion for creating and a vision for a career in any facet of the Fashion Industry. In addition to theory, students have practical opportunities to develop their skills and showcase their work through the design and construction of entire ensembles to be exhibited at competitions and modelled at the annual Arts Academy Awards.

Students in Years 9-12 can apply for a place in the program. No prior sewing experience is required.

CHOOSE  
TO DO

## Wearable Art, Years 8-12

Interested students in Years 8-12 can elect to join a weekly Wearable Art class. Also known as "art to wear", Wearable Art refers to individually designed pieces of handmade clothing or jewellery created as fine or expressive art. Students work towards producing an item for display at the Senior College Art Exhibition and Arts Academy Awards, as well as optional entry into Wearable Art competitions. This program is free of charge.

## ASTA Visual Arts Academy, Years 1-8

The Visual Arts Academy offers a dynamic, encouraging and supportive environment for interested students in Years 1-8 to explore their artistic and creative talents through new mediums and techniques. Exhibition of student work, cutting edge digital experiences and access to professional practices, materials and techniques, are all features of this program. The ASTA Art Stars groups run three days per week, catering for different ages and ability levels.

CLASSROOM VISUAL ART



## Co-Curricular Visual Arts Timetable \*:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE COLLEGE			Wearable Art Years 8-12 7-8.15am		
LUNCH					
PERIOD 4 & 5			ASTA Professionals FCD Years 11-12 1.10-3.30pm		ASTA Professionals FCD & FA Years 9-12 2.20-3.30pm
AFTER COLLEGE	ASTA Art Stars Years 2-4 3.30-5pm	ASTA Art Stars Years 3-4 3.30-5pm	ASTA Professionals FCD Years 11-12 3.45-5.30pm	ASTA Art Stars Years 1-2 3.30-5pm	ASTA Professionals FCD Years 11-12 3.45-5.00pm
	ASTA Art Stars Years 5-8 3.45-5.30pm	ASTA Art Stars Years 5-8 3.45-5.30pm	ASTA Professionals FA Years 9-12 3.45-5.30pm	ASTA Art Stars Years 5-8 3.45-5.30pm	ASTA Professionals FA Years 9-12 3.45-4.30pm
		ASTA Professionals FCD Years 9-10 3.45-5.30pm			

\* Please note: Groups, ages and times may vary slightly each year.





# Co-Curricular Film, Television and New Media



Senior Media students interested in augmenting their curriculum Media studies can apply for a place in the co-curricular **ASTA Professionals Film, Television and New Media Program**. A **Media Traineeship** program also exists for elite Media students in Year 11.

Students enrolled in these programs attend regular weekly classes and work on Media content and live broadcast production for many College events and assemblies.

These programs are user-pay (i.e. additional fees are paid per term/semester).

## Media Traineeships, Year 11 ASTA FTM Students



Year 11 students enrolled in the ASTA Professionals Years 11-12 Film, TV and New Media Program have the opportunity to apply for a school-based traineeship. Successful students work towards the completion of a Nationally Recognised Certificate III in Screen and Media (CUA31015), while being employed in the Media Department at Sheldon College.

## ASTA Professionals Film, TV and New Media (FTM) Program, Years 9-12

Talented students, who possess a passion for Film, Television and other Media and achieve quality outcomes in the curriculum subject work, are invited to join this Program. It offers creative classroom training across the various and constantly evolving Media disciplines. This is coupled with experience and exposure gained through active involvement in filming, photographing, editing and media event management for weekly assemblies, sporting events, marketing campaigns and large scale performing arts events. In addition to weekly classes, the Year 11-12 students are also involved in a rotation assembly schedule from 7.15am each Friday.

Elite students in Years 9-12 are invited to join the program.

INVITED  
TO DO

CLASSROOM MEDIA



## Co-Curricular Media Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE COLLEGE					<b>Assembly Filming</b> Media Trainees ASTA FTM Years 11-12 7.15-9.30am
LUNCH					
PERIOD 4 & 5			<b>ASTA Professionals FTM</b> Years 11-12 1.10-3.30pm		<b>ASTA Professionals FTM</b> Years 9-12 2.20-3.30pm
AFTER COLLEGE			<b>ASTA Professionals FTM</b> Years 9-10 3.45-5.00pm <b>Media Traineeships</b> Year 11 3.30-5.30pm		<b>Media Traineeships</b> Year 11 3.30-5.30pm





# Co-Curricular Performance Music Program



The co-curricular Music Program offers **music tuition** to around 600 students and boasts more than 30 **ensembles** that rehearse weekly. Students enrolled in instrumental or vocal tuition attend regular weekly classes and work towards performance opportunities.

Music tuition is user-pay (i.e. additional fees are paid per term/semester) and includes membership of the instrumental and vocal ensembles. All students enrolled in the co-curricular Music Program are expected to participate in at least one instrumental or vocal ensemble.

INVITED  
TO DO

## Elite Vocal Groups, Years 9-12

Strong female vocalists, currently enrolled in the Music Program, can audition for a place in Eve Vocal Ensemble. This ensemble has many high profile performance opportunities throughout the year.

## Elite Bands, Orchestras and Ensembles, Years 4-12

Talented instrumentalists can audition for a place in one of the elite Bands, Orchestras and Ensembles - Big Band, Dixieland Band, Rock Band I and II, Soul Band, Stage Band and Tension (Strings). These groups all work towards performance opportunities throughout the year.

EXPECTED  
TO DO

## Bands, Orchestras and Ensembles, Years 4-12

The Band Program is comprised of core ensembles for woodwind, brass and percussion students. All students enrolled in the program are expected to participate in at least one of these. The groups are tiered, with younger students taking part in Year 4 Band, then moving up to Concert Band, Wind Ensemble, Symphonic Winds, Strings Orchestra, Percussion (I, II and III) or Drumline (I and II).

## Choirs and Vocal Groups, Years 4-12

All students enrolled in vocal lessons are expected to participate in at least one of the Choirs and Vocal Groups, which work towards multiple performance opportunities through the year.

**Junior College:** Manhattan Trans-Fours (Year 4 students)

**Middle/Senior College:** Middle and Senior College Chorales, Dawn (Female), Top Gun (Male).

CHOOSE  
TO DO

## Junior Choirs, Years 1-3

These choirs are open to all Year 1-3 students as an extension of their curriculum music program.

## Music Composition and Theory Classes, Years Prep-12

Composition and Theory classes are available to all students involved in the Music Program. In the Composition classes, students are introduced to programs such as Sibelius and Garage Band. They have the opportunity to compose for all instruments and enter compositions into competitions.

## Music Tuition, Years Prep-12

Students from Prep-Year 12 can elect to receive individual or group Vocal and/or Instrumental tuition. Instrumental tuition is available for the following instruments: Strings, Woodwind, Brass, Percussion, Drum Kit, Guitar/Ukelele and Piano. Students can learn privately (one-to-one) or in a group. Piano and Drum Kit lessons are usually delivered in private/individual lessons. Most lessons are during school time. Limited places are available for lessons before/after College, or during morning tea/lunch. Students have the option to work towards sitting Trinity or AMEB exams.

CLASSROOM MUSIC



## Co-Curricular Music Timetable \*:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE COLLEGE	Percussion III Years 5-6 7am-8am	Percussion II Years 7-9 7am-8am	Concert Band Years 5-7 7.15am-8am	Percussion I Years 10-12 7am-8am	Sheldon Strings Years 5-12 7am-8am
	Dixieland Band Years 10-12 7am-8am	Drumline 1 Years 9-12 7am-8am	Music Theory 7.30am-8am	Junior Choir Years 2-3 7.45am-8.25am	Eve Vocal Ensemble Year 9-12 Girls 7am-7.45am
	Symphony Orchestra Years 5-9 7am-8am	Soul Band Years 10-12 7am-8am	Composition B 7.30am-8am		Weekly Assembly Performances 7am-9.30am
		MC Chorale Years 5-8 7.30am-8.10am			
		Composition A 7.30am-8am			
		Melodic Minors Choir Years 1 7.45am-8.25am			
		Clarinet Quintet Years 8-12 7am-8am			
LUNCH	Tension Ensemble Years 9-12 12.30-1.10pm	Dawn Vocal Ensemble Year 6-8 Girls 12.30-1.10pm		Flute Ensemble Years 7-12 12.30-1.10pm	Sax Quartet Years 8-12 12.30-1.10pm
		Eve Vocal Ensemble Year 9-12 Girls 12.30-1.10pm			
		Top Gun Vocal Ensemble Year 8-12 Boys 12.30-1.10pm			
PERIOD 4 & 5				Year 4 Choir 1.50-2.20pm	Symphonic Winds Years 9-12 2.20-3.30pm
				Year 4 Band 2.20-3.10pm	Senior College Chorale Years 9-12 2.20-3.30pm
AFTER COLLEGE	Jazz Band Years 5-7 3.45- 4.30pm	Rock Band I Years 7-10 3.45- 5pm	Stage Band Years 6-10 3.45- 4.45pm	Symphonic Winds Years 8-12 3.45- 5.45pm	Guitar Ensemble Years 5-8 3.45- 5pm
		Drumline II Years 6-9 3.45- 5pm	Big Band Years 8-12 3.45- 5.30pm	Rock Band II Years 6-9 3.45- 5pm	
				Wind Ensemble Years 7-9 3.45- 5pm	

\* Please note: Ensembles, year groups and times may vary slightly each year.

